

STARTERS

SOUP OF THE DAY - €10.50

FRESHLY PREPARED DAILY USING THE FINEST SEASONAL INGREDIENTS. SERVED WITH HOMEMADE BROWN BREAD
(1A, 3, 7, 9, 12, V)

GLAZED PORK BELLY - €16.50

SLOW-COOKED PORK BELLY FINISHED WITH A GLAZE, ACCOMPANIED BY TEMPURA TENDERSTEM BROCCOLI, FERMENTED KIMCHI, AND A DRIZZLE OF GINGER-SCALLION OIL
(1A, 2, 4, 6, 10, 11, 12)

PAN-SEARED SCALLOPS - €19.00

CAULIFLOWER PURÉE, SHAVED CAULIFLOWER, BLACK PUDDING CRUMB, GARDEN CRESS
(1A, 7, 9, 12, 14)

SEAFOOD CHOWDER - €17.00

TRADITIONAL ATLANTIC SEAFOOD CHOWDER, SERVED WITH HOMEMADE BROWN BREAD
(1A, 2, 3, 4, 7, 9, 12, 14)

SANDWICHES

PLEASE NOTE SANDWICHES ARE AVAILABLE FROM 12NOON TO 5PM
DAILY

PALMERS CLUB SANDWICH €17.00

CAJUN-SPICED CHICKEN FILLET, SMOKED STREAKY BACON, TOMATO RELISH, FRIED EGG, BABY GEM, HERB MAYO & TOASTED FOCACCIA, SERVED WITH FRIES
(1A, 3, 10, 13)

GLENLO BAKED HAM & CHEESE €18.00

HONEY-BAKED HAM, MUSTARD BÉCHAMEL, MELTED GRUYÈRE, TOASTED SOURDOUGH, ROCKET AND CORNICHON SALAD
(1A, 3, 7, 10, 12)

STEAK SANDWICH €25.00

GRILLED SIRLOIN STEAK ON RUSTIC CIABATTA, CARMALISED ONION, ROCKET, WHOLEGRAIN SAUCE, PAMESAN DUST . SERVED WITH CRISPY CHIPS
(1A, 3, 10, 12)

SALADS

GOAT CHEESE & BEET SALAD - €16.50

MIXED LEAVES WITH RED BEET SLICES, TANGY BLOOD ORANGE PURÉE, CHARRED CUCUMBER, CRUSHED HAZELNUTS, AND CREAMY GOAT CHEESE
OPTIONAL ADD-ON: MARINATED CHICKEN €5 OR TIGER PRAWNS (2) €6
(7, 8B, 10)

MOZZARELLA & HERITAGE TOMATO SALAD - €17.00

BUFFALO MOZZARELLA, SHAVED ASPARAGUS, HERITAGE TOMATOES, TOMATO TARTARE, BLACK OLIVE CRUMB & EXTRA VIRGIN OLIVE OIL
(7)
OPTIONAL ADD-ON: MARINATED CHICKEN €5 OR TIGER PRAWNS (6) €6

CAESAR SALAD - €17.00

BABY GEM TOSSED WITH CAESAR DRESSING, PARMESAN SHAVINGS, TOMATO CROUTONS, GRILLED CHICKEN, AND CRISPY SMOKED BACON
(1A, 3, 4, 7, 10, 12)

MAIN COURSE

PAN-SEARED SALMON FILLET - €31.00

TRADITIONAL SPANISH SAFFRON RICE, MIXED SEAFOOD, PEPPERS, TOMATO, PEAS & PARSLEY
(4, 7, 12, 14)

CHARGRILLED RIBEYE STEAK - €48.00

IRISH RIBEYE STEAK, SPINACH PURÉE, ROSCOFF ONION, CRUSHED BABY POTATOES & PEPPER SAUCE
(1A, 7, 9, 12)

FISH & CHIPS - €25.00

GOLDEN BATTERED FISH SERVED WITH LEMON DRESSING, BUTTERED PEAS, TARTAR SAUCE SERVED WITH CRISPY CHIPS
(1A, 3, 4, 10, 12)

PALMERS BEEF BURGER - €25.00

TWO 4OZ IRISH BEEF PATTIES, AMERICAN CHEESE, SHREDDED LETTUCE, PICKLES, TOASTED BRIOCHE & HOUSE SMASH SAUCE, SERVED WITH FRIES
(1A, 3, 7, 10, 12)

PUMPKIN RAVIOLI - €27.00

RAVIOLI WITH PUMPKIN FILLING, SAGE VELOUTÉ, AND CRUSHED AMARETTI.
(1A, 3, 7, 8, 12)

SAFFRON VEGETABLE RISOTTO - €26.00

SAFFRON RISOTTO WITH ROASTED PEPPERS, COURGETTE, CHERRY TOMATOES, PEAS, SPINACH, PARSLEY, LEMON & EXTRA VIRGIN OLIVE OIL
(12, V)

ROAST SUPREME OF CHICKEN - €29.00

PAN-ROASTED CHICKEN SUPREME, CREAMY CHIVE MASH, GOAT'S CHEESE CROQUETTE, BASIL VELOUTÉ & GREEN BEANS
(7, 9, 12)

BRAISED BEEF SHORT RIB - €32.00

SLOW-BRAISED IRISH BEEF SHORT RIB, DUCHESSE POTATOES, GLAZED CARROTS & RED WINE JUS
(1A, 7, 9, 12)

SIDES

HAND-CUT FRIES - (7) - €7.00

ROASTED ROOT VEGETABLES WITH HONEY & THYME - (7) - €7.50

BRUSSELS SPROUTS WITH SMOKED BACON & GARLIC BUTTER (7) - €7.00

PALMERS HOUSE SALAD (10, 12) - €9.00

GRILLED COURGETTES - TOMATO TARTARE & EXTRA VIRGIN OLIVE OIL (12) - €7.00

GLENLO ABBEY HOTEL & ESTATE IS PLEASED TO WORK WITH THE FOLLOWING LOCAL FOOD SUPPLIERS -
MARY'S FISH SHOP, CORRIB FREE RANGE EGGS, BURKE'S FRUIT & VEGETABLES, SYSCO, MOYCULLEN SEAFOODS,
DOLE, ANDARL FARM, ARAN ISLAND GOAT'S CHEESE, LA ROUSSE FOODS

ALLERGENS

1 CEREALS CONTAINING GLUTEN - 1A WHEAT - 1B RYE - 1C BARLEY - 1D OATS - 2 CRUSTACEANS - 3 EGGS - 4 FISH - 5 PEANUTS - 6 SOYA - 7 MILK - 8 NUTS - 8A ALMOND - 8B HAZELNUT - 8C WALNUT - 8D CASHEWS
8E PECAN NUTS - 8F BRAZIL NUTS - 8G PISTACHIO - 8H MACADAMIA - 8I PINENUTS - 9 CELERY - 10 MUSTARD - 11 SESAME SEEDS - 12 SULPHUR DIOXIDE & SULPHITES - 13 LUPIN - 14 MOLLUSKS - V VEGAN