



OPTION 1 24km/15mils
Moycullen to Oughterard

We will collect you at Glenlo Abbey after breakfast and bring you to Moycullen village, where we set up the bikes for you, and explain the map. You leave Moycullen on a quiet backroad to St. Brigit’s Garden. The four unique gardens are themed on the Celtic festivals and offer a magical experience. Relax in the basket swings and sit on the ancient throne, wonder at the giant earth woman and enjoy the scents of herbs and wild flowers. In addition to the formal gardens, enjoy the tranquil nature walk, an original ring-fort, the stone chamber, crannóg and the biggest sundial in Ireland. The café with home-made snacks and pastries invite you to stay a while.

Your trip will then bring you to Aughnanure Castle one of Ireland’s historically and visually most interesting castles, and a hidden gem. This 16th century Irish Tower House and much of the surrounding area was occupied by the O’Flaherty clan, but was taken over by the first Earl of Ulster, Walter de Burgo, in 1256. The original castle was probably built by the Earl during this time.



Your cycle concludes in the village of Oughterard. Here we will collect you and bring you back to Glenlo Abbey Hotel.

Difficulty:
Easy

Starting Dates

Any date between Apr and Oct – booking essential

Bicycles

Hybrid bicycles (Trek or Stevens) road-bicycles, tandems, and E-bikes are available.

OPTION 2 – 36km/23mils
Moycullen to Spiddal and Glenlo

We will collect you at Glenlo Abbey after breakfast and bring you to Moycullen for your induction to bike and route. You turn south and leave Moycullen along a quiet backroad rising gradually to a plateau of stunning bog-land. If pre-arranged visit “Cnoc Suain”, a 17th century Connemara Clochán, a hillside village situated on a drumlin hill in 200 acres of expansive primordial blanket bog, for one of their award-winning cultural visitor experiences.



A wonderful down-hill cycle will bring you to the small town of Spiddal, where you will find the Craft Centre with one of Connemara’s best coffee shops. Marvel at the beach before your return to Glenlo Abbey Hotel. Along the way pass by Barna Golf Club, where you may like to stop for a cup of coffee.

We will collect the bicycles and equipment later that evening, so you are free to take all day to explore.



Difficulty:
Easy to medium



OPTION 3 – 57km/35mils
Moycullen to Spiddal and Glenlo

We will collect you at Glenlo Abbey after breakfast and bring you to Oughterard for your induction to bike and route. You leave Oughterard on a most beautiful and quiet road rising steadily to Shanaghfeitin allowing you some marvellous views back over Lough Corrib. This road, which you will share with sheep, donkeys and horses continues for 20km to Costelloe in Southern Connemara, where you will meet the Atlantic coast.

Enjoy a lovely lunch in the restored Courthouse before heading back north along lakes and rivers, favoured by anglers and fishermen to the hamlet of Maam Cross. The mountains of Connemara provide a stunning backdrop to this beautiful region.



We will collect you here at the Peacock’s Hotel where you can enjoy a snack or beverage and bring you back to Glenlo Abbey.

Difficulty:
Medium



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