



History of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at [Woburn Abbey](#) and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of the fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.



Savoury

Aran Island Goat's Cheese

Beetroot, Apple, Chive

(1a, 7)

Glenlo Jambon

Smoked Bacon, Tarragon, Truffle

(1a, 3, 7)

Mc Geough's Smoked Beef Striploin

Celeriac Remoulade, Rocket, Horseradish

(1a, 3, 6, 7, 10)

Connemara Smoked Salmon

Dill, Black Pepper, Candied Lemon, Irish Soda Bread

(1a, 3, 4, 7,)

From the Oven

Fruit Scones (1a,3,7,12)

Classic Afternoon Tea € 38.00pp

Champagne Afternoon Tea € 58.00pp

Sweet Treats

Hazelnut Praline Bar

Toasted Hazelnuts, Chocolate Mousse

(3, 7, 8a)

Praline & Almond Tart

Frangipane

(1a, 3, 6, 7, 8a)

Gateau Opera

Crème Chantilly, Raspberries

(1a, 3, 7)

Blood Orange Tart

Mulled Plum Compote

(1a, 3, 7)

Allergen Codes:

1: Cereals containing Gluten 1a Wheat, 1b Rye, 1c Barley, 1d Oats 2: Crustaceans, 3: Eggs, 4: Fish, 5: Peanuts, 6: Soya, 7: Milk, 8: Nuts, 8a Almonds, 8b Hazelnut, 8c Walnut, 8d Cashew 8e Pecan, 8f Brazil 8g Pistachio 8h Macadamia 9: Celery, 10: Mustard, 11: Sesame Seeds, 12: Sulphur Dioxide & Sulphites, 13: Lupin 14: Molluc

Selection of Ronnefeldt Loose Leaf Teas or Coffee

Irish Breakfast Tea- Black. We are proud to serve loose leaf Ronnefeldt Tea as our House Tea. This tea has been specially selected for its powerful, spicy Assam which produces a tea with a delicious & intense flavour

Irish Whiskey Cream – Black. The extravagant flavour of Irish Whiskey with a hint of cocoa blended with an intensely malty Assam tea

Early Grey – Black. A richly aromatic autumn Indian Darjeeling with a sparkling, fresh lemon aroma

Morgentau- Green. Morning dew, flavoured Chinese green tea with mango citrus flavours

Jasmine Pearls- Green. Hand rolled Chinese tea leaves fragranced with Freshly picked jasmine blossom giving a Light floral aroma

Moroccan Mint Herbal. Sweet Nana aromatic mint from Morocco, Refreshing & Spicy

Vanilla Rooibos- Herbal Flavoured South African herbal infusion with the delicious richness of creamy vanilla

Coffee, Pot of Medium Roast Bewley's Coffee, Filter
or Barista Regular or De-Caffeinated

Speciality Coffee's & Hot Chocolate

Espresso, Double Espresso, Cappuccino, Latte, Mocha,
& Hot Chocolate (1a,5,7)