



### **Juice's**

Freshly squeezed Orange, Pineapple, Apple or Cranberry

### **Baker's Corner**

Selection of Pastries, Ginger & Carrot Bread, Banana Bread,  
Brown Soda Bread, Fruit Scones

(1a, 1b, 1d, 3, 6, 7, 8c, 12)

### **Cereals**

**Warm Porridge** with Strawberries & Honey (1d,7)

Cornflakes, Fruit & Fibre, Rice Krispies, Weetabix,

Food of Atherny Very Berry Granola (GF) (1a, 1c, 1d,7,8a,8b,12)

**Yoghurts:** Selection of Natural or Strawberry or Blueberry (7)

**Fresh Fruit Salad:** Melon, Pineapple, Watermelon

**Segments:** Orange Segments, or Grapefruit Segments (12)

**Cheese:** Cashel Blue Cheese, Irish Brie, Cheddar

**Fish:** Connemara Smoked Salmon, Lemon, Capers & Red Onion

### **Gluten Free Section**

Cornflakes, Gluten Free Bread & Blueberry Muffins (3,7)

**Full Irish Breakfast € 23.00**

**Continental Breakfast € 15.00**

Please note that reservations are required and  
tables are spaced as per social distancing covid-19.



## **Cooked Breakfast**

**Large Breakfast** 2 Loughnane's Sausages, 2 Smoked Bacon, Black & White Pudding, Grilled Tomato, Field Mushrooms, Baby Potatoes

**Small Breakfast** 1 Loughnane's Sausages, 1 Smoked Bacon, Black & White Pudding, Grilled Tomato

**Vegan:** Grilled Tomato, Field Mushrooms, Baby Potatoes, Wilted Spinach, Quinoa & Chickpea Patty

### **Corrib Free Range 3 Eggs Omelette with a Choice of:**

Connemara Smoked Salmon, Baked Gammon, Onion, Tomato, Irish Cheddar <sup>(7)</sup>, Field Mushrooms

### **Poached Eggs on Toasted Bap & Hollandaise:**

**Eggs Benedict (with Baked Ham)** <sup>(1a,3,7,12)</sup>

**French Toast:** Pan Fried Egg Coated Bread with Strawberries & Maple Syrup <sup>(1a, 3, 6, 7)</sup>

**Fluffy Pancakes:** American Style Pancakes with Strawberries & Maple Syrup <sup>(1a,3,7)</sup>

1: Cereals containing Gluten 1a Wheat, 1b Rye, 1c Barley, 1d Oats 2: Crustaceans, 3: Eggs, 4: Fish, 5: Peanuts, 6: Soya, 7: Milk, 8: Nuts, 8a Almonds, 8b Hazelnut, 8c Walnut, 8d Cashew 8e Pecan, 8f Brazil 8g Pistachio 8h Macadamia 9: Celery, 10: Mustard, 11: Sesame Seeds, 12: Sulphur Dioxide & Sulphites, 13: Lupin 14: Molluscs

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