



SUPPORTING LOCAL PRODUCE

At Palmer's Bar & Kitchen, we're proud to work with many of Ireland's finest producers sourced from an award-winning collection of artisans and farmers, including:

Andarl Farm, Co Galway
Aran Island Goats Cheese, Co Galway
Ballyhoura Mushrooms, Co Limerick
Ballymaloe, Co Cork
Burkes Fruit & Veg, Co Galway
Cashel Blu, Co Tipperary
Castlemine Fam, Co Roscommon
Curleys Quality Foods, Co Galway
Gubbeen Farmhouse Products, Co Cork
La Rousse Foods, Co Dublin
Marys Fish, Co Galway
McGeoghs Butchers, Co Galway
Musgrave, Co Cork
Pallas Foods, Co Dublin



WELCOME TO PALMER'S BAR & KITCHEN

Classic and cosy, warm and welcoming, Palmer's Bar & Kitchen is a laidback venue with Glenlo Abbey's signature fair.

Our extensive menus feature the finest local produce and tastiest classics designed for all appetites and occasions. Order a burger. Enjoy a coffee. Sink a few pints. Settle in for an afternoon of big screen sport.

Relaxing and stylish, we're the perfect hangout for that post-golf refuel, that championship match, that casual lunch with friends.

Alongside a premium bar experience, you'll find quality live music on weekends, all of sports' key fixtures on big screens, indoor and outdoor seating and the best informal dining around.

PALMER'S BAR & KITCHEN,
A NEW LOCAL FOR A NEW ERA OF CASUAL EATING.



SOUPS & SALADS

SOUP OF THE DAY €6.00

Ask Your Waiter for The Soup of The Day
(7,9)

SEAFOOD CHOWDER €8.00

Mussels, Dillisk, Fresh & Smoked Fish
(4, 7, 9, 12, 14)

CAESAR SALAD €10.50

Baby Gem, Shaved Parmesan, Bacon Crisp,
Ciabatta Croutons & Classic Dressing
ADD CHICKEN + €3.70
(1A, 3, 4, 7, 10, 12)

GOATS CHEESE SALAD €10.50

Mixed Seeds, Beetroot, Orange Slices
Honey Mustard Dressing
(7, 10, 12)

MC GEOUGH SALAD €11.50

Warm Potatoes, Air Dried Lamb, Aran Island Feta,
Shallots, Cider Vinaigrette
(8A, 10, 12,)

All the above are served with brown bread

SIDES

Buttered Baby Potatoes & Vegetables

Hand Cut Chips

Palmer's Side Salad

Curried Mayonnaise Chips

Crispy Bacon, Spring Onion &

Mature Cheddar Chips

(3, 7,10, 12)

€4.00

Allergens

The below numbers contain the following allergens.

1 Cereals Containing Gluten, 1a Wheat,1b Rye, 1c Barley,
1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya,
7 Milk, 8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts,
8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio,
8h Macadamia, 8i Pinenuts ,9 Celery, 10 Mustard,
11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites,
13 Lupin, 14 Mollusk



DESSERT

CARROT CAKE Cream Cheese Icing, Carrot & Orange Gel, Cinnamon Cream, White Chocolate Ice Cream (3, 7)	€7.00
CHEESECAKE MOUSSE Vanilla & Heather Honey Cheesecake, Roasted Plums, Oats Crumble (1a, 3, 7)	€7.00
PRALINE & CHOCOLATE TART Vanilla Ice Cream, Almond Nougatine & Crème Anglaise (1A, 3, 7, 8A)	€7.00
PALMERS SUNDAE White Chocolate, Vanilla, Rum & Raisin Ice Cream, Caramelised Walnut, Fresh Berries & Chocolate Sauce (3, 7, 8C)	€7.00
MALVA PUDDING Rum & Raisin Ice Cream & Toffee Sauce (1a, 3, 7, 12)	€7.00

SNACKS

CHICKEN WINGS Spicy BBQ Sauce, Cashel Blue Cheese Dip, Celery. (1A, 3, 9, 10)	€6.50
WILD ATLANTIC FISH BITES Golden Fried Herb & Fish Cakes, Yuzu Mayo (1A, 3, 4, 7)	€6.00
POLENTA BITES Tomato & Red Pepper Dip. (1A, 3, 9, 10)	€6.00
2 SOFT SHELL TORTILLA Beef, Monkfish or Veggie All Served with Salsa, Avocado & Lime. (1A, 2, 6, 9, 10, 12)	€7.00
Andarl Farm Spring Roll Slow Cooked Pork Shoulder in Hoisin Sauce, Lime Coriander Dip (1A, 3, 6, 9, 10)	€6.00
ARRANCCINI Ballyhoura Wild Mushroom & Mozzarella Risotto Croquette (1A, 3, 7, 9, 12)	€6.00



BURGERS

FREE RANGE CHICKEN BAP €17.00

Sweet & Spicy Fried Chicken, Slaw,
Pepper Salsa, Avocado & Rocket
(1A, 3, 7, 9, 10, 12)

6OZ BEEF BURGER €17.00

Glenlo Burger Sauce, Rocket, Kylemore
Cheese, Pickles & Bacon Jam
(1A, 3, 7, 9, 12)

MONKFISH BUTTY €17.00

Fried monkfish fingers, Cos Lettuce,
Dillisk Sauce Gribiche, Tomato
(1A, 3, 4, 7, 9, 12)

VEGGIE €15.00

Sweet Potato, Corn, Carrot & Herbs Patti,
Jalapeno Ballymaloe Relish, Mesclun
(1A, 1D, 3, 6, 7, 9, 10)

VENISON BURGER €17.00

Caramelised Onion, Ballymaloe Relish,
Carrigaline Truffle cheese on a charcoal bun
(1A, 3, 6, 7, 9, 12)

MAINS

FISH & CHIPS €18.00

Golden Fried Fish of the Day, Mushy Peas,
Dillisk Sauce Gribiche (1A, 3, 4, 7, 9, 10, 12)

LAMB SHANK €21.50

Roasted Root Vegetable, Champ Mash, Bay Leaf Jus
(7, 9, 12)

CHICKEN SUPREME €18.00

Baby Gem, Pancetta, Sweet Corn & Pearl Barley,
Thyme Jus (1A, 7, 9, 12)

HEREFORD 8OZ RIB EYE €29.90

Celeriac Puree & Fondant, Crispy Shallots,
Pearl onions & Green Peppercorn Sauce (1A,3, 7, 9, 12)

ORGANIC SALMON €23.00

Leek Fondue, Charred Leek, Killary Mussels, Leek oil
(4, 7, 9, 12, 14)

DAHL €17.00

Sweet Potato, Chickpeas, Kale, Cauliflower,
Lentil Curry with Basmati Rice and Naan (1A)
ADD CHICKEN + €3.70 (9,10)

TAGLIATELLE €17.00

Butternut Squash, Pumpkin seeds, Ballyhoura Mushrooms,
Aran Island Feta (1a, 3, 7)

