



PALMER'S BAR & KITCHEN,
A NEW LOCAL FOR A NEW ERA OF CASUAL EATING.

WELCOME TO PALMER'S BAR & KITCHEN

Classic and cosy, warm and welcoming, Palmer's Bar & Kitchen is a laidback venue with Glenlo Abbey's signature fair.

Our extensive menus feature the finest local produce and tastiest classics, designed for all appetites and occasions. Order a burger. Enjoy a coffee.

Sink a few pints. Settle in for an afternoon of big screen sport.

Relaxing and stylish, we're the perfect hangout for that post-golf refuel, that championship match, that casual lunch with friends.

Alongside a premium bar experience, you'll find quality live music on weekends, all of sports' key fixtures on big screens, indoor and outdoor seating and the best informal dining around.

PALMER'S BAR & KITCHEN,
A NEW LOCAL FOR A NEW ERA OF CASUAL EATING.



SUPPORTING LOCAL PRODUCE

At Palmer's Bar & Kitchen, we're proud to work with many of Ireland's finest producers sourced from an award-winning collection of artisans and farmers, including:

Andarl Farm, Co Galway
Aran Island Goats Cheese, Co Galway
Ballyhoura Mushrooms, Co Limerick
Ballymaloe, Co Cork
Burkes Fruit & Veg, Co Galway
Cashel Blue, Co Tipperary
Curley's Quality Foods, Co Galway
Gubbeen Farmhouse Products, Co Cork
Galway Goat Cheese, Co Galway
La Rousse Foods, Co Dublin
Marys Fish, Co Galway
McGeough's Butchers, Co Galway
Musgrave, Co Cork
Pallas Foods, Co Dublin

DESSERT

CARROT CAKE €7.00

Cream Cheese Icing, Carrot & Orange Gel,
Cinnamon Cream, White Chocolate Ice Cream
(3, 7)

PRALINE & CHOCOLATE TART €7.00

Vanilla Ice Cream, Almond Nougatine & Crème Anglaise
(1A, 3, 7, 8A)

Allergens

The below numbers contain the following allergens.

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley,
1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk,
8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan
Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts, 9 Celery,
10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites,
13 Lupin, 14 Mollusk



MAINS

6OZ BEEF BURGER €17.00

Glenlo Burger Sauce, Rocket, Kylemore
Cheese, Pickles & Bacon Jam
(1A, 3, 7, 9, 12)

GOURMET GAME CASSEROLE €16.50

Slow Cooked Stew served with Champ Mash and
Brown Bread
(1A, 2, 3, 7, 10, 12)

MONKFISH FINGERS €16.90

Panko Fried Monkfish, Slaw, Sauce Gribiche, Chips
(1A, 3, 4, 7, 9, 12)

SCAMPI €17.90

Golden fried Prawns, Fennel & Kale Salad,
Seaweed Mayo, Chips
(1A, 3, 4, 7, 9, 12)

SNACKS

CHICKEN WINGS €6.50

Spicy BBQ Sauce, Cashel Blue Cheese Dip, Celery.
(1A, 3, 9, 10)

WILD ATLANTIC FISH BITES €6.00

Golden Fried Herb & Fish Cakes, Yuzu Mayo
(1A, 3, 4, 7)

2 SOFT SHELL TORTILLA €7.00

Beef, Monkfish or Veggie All Served
with Salsa, Avocado & Lime.
(1A, 2, 6, 9, 10, 12)

Andarl Farm Spring Roll €6.00

Slow Cooked Pork Shoulder in Hoisin Sauce,
Lime Coriander Dip
(1A, 3, 6, 9, 10)

ARRANCCINI €6.00

Ballyhoura Wild Mushroom & Mozzarella
Risotto Croquette
(1A, 3, 7, 9, 12)



SOUPS & SALADS

SOUP OF THE DAY €6.00

Ask Your Waiter for The Soup of The Day
(7,9)

SEAFOOD CHOWDER €8.00

Mussels, Dillisk, Fresh & Smoked Fish
(4, 7, 9, 12, 14)

CAESAR SALAD €10.50

Baby Gem, Shaved Parmesan, Bacon Crisp,
Ciabatta Croutons & Classic Dressing
ADD CHICKEN + €3.70
(1A, 3, 4, 7, 10, 12)

GOATS CHEESE SALAD €10.50

Mixed Seeds, Beetroot, Orange Slices
Honey Mustard Dressing
(7, 10, 12)

MC GEOUGH SALAD €11.50

Warm Potatoes, Air Dried Lamb, Aran Island Feta,
Shallots, Cider Vinaigrette
(8A, 10, 12,)

All the above are served with brown bread

SANDWICHES

CLUB CLASSIC €10.50

Chicken, Bacon, Lettuce, Tomato & Egg on
Toasted White or Brown Bread with Ballymaloe Relish
(1A, 3, 7, 9)

GLENLO SPECIAL €9.50

Baked Ham, Tomato, Red Onion & Cheddar
Toasted on Brown or White Bread
(1A, 7, 10, 12, 13)

SLOW COOKED BRISKET SANDWICH €15.90

Caramelised Onions & Roasted Red Pepper, Smoked Gubbeen,
Horseradish Mayo in Rustic Baguette
(1A, 3, 7, 9, 12)

WRAP €9.50

Falafel, Avocado Puree, Leaves
Spiced Hummus & Coriander Yoghurt
(1A, 3, 4, 7, 9, 12)

CONNEMARA €11.50

Open Homemade Brown Bread, Smoked Salmon,
Cucumber, Herb Cream Cheese & Caper Berries
(1A, 3, 4, 7, 10, 12)

