



## Starters

### ***Soup of the Day***

**€ 8.00**

Served with Treacle Bread  
(1a,1d, 3, 7,8c, 12)

### ***Atlantic Seafood Chowder***

**€ 13.00**

Served with Treacle Bread  
(1a,4,7,9,14)

### ***Mussels***

**€ 11.00 / € 18.00**

Killary Mussels in a Broth of Coconut Milk & Lemongrass  
(9, 10, 12, 14)

### ***Chicken Wings***

**€ 11.00 / € 18.00**

Buttered Hot Sauce, Blue Cheese Dip  
(7, 10, 12)

## Salads

### ***Caesar Salad***

**€ 12.00 / €18.00**

Roast Chicken, Baby Gem, Aged Parmesan, Croutons, Lardons & Caesar Dressing  
(1a, 3, 4, 7, 10, 12)

### ***Mozzarella***

**€ 12.00 / € 18.00**

Salad of Mozzarella, Heirloom Tomato, Artichoke & Kohlrabi, Crispy Shallots  
(1a,7, 9, 10, 12)





## Sandwiches 12.00pm-17.00pm

***Sirloin Steak Sandwich*** € 18.00  
Red Onion Marmalade, Herb Mayo (1a, 3, 9, 10, 12)

***Glenlo Club Sandwich*** € 14.00  
Grilled Chicken, Streaky Bacon, Lettuce, Tomato & Soft Fried Egg,  
Ballymaloe Relish (1a, 3, 6, 7, 9, 10, 12)

***Open Smoked Salmon*** € 14.00  
Glenlo Treacle Bread, Palmers Salad  
(1a, 3, 4, 9, 10, 12)

***Chicken Caesar Wrap*** € 14.00  
Baby Gem, Aged Parmesan, Croutons, Lardons & Caesar Dressing  
(1a, 3, 4, 7, 10, 12)

### All above served with Side Salad & Chips

**Sides** (3, 7, 10, 12) € 5.00

- Seasonal Vegetables
- Hand Cut Chips
- Mash
- New Potatoes,
- Side Salad





## **Main Courses**

**Glenlo 8oz Hereford Burger** € 22.00

Beef Tomato, Gem Lettuce, Dubliner Cheddar & Glenlo Burger Mayo

(1a, 3, 7, 9, 10, 12)

**Dahl** € 20.00

Red Lentil & Chickpea Dahl, Garlic Naan Bread

(1a, 9, 10, 12,)

**Wild Atlantic Way Scampi** €28.00

Palmer's Salad, Chips & Tartare Sauce

(1a, 3, 9, 10, 12, 14)

**Pan Fried Seabass** € 27.00

Potato Hash, Tender Broccoli, Lemon Cream Sauce

(4,7, 9, 10, 12)

**Cod & Chips** € 24.00

Tartar Sauce, Lemon

(1a, 3, 4, 9, 10, 12)

**Breast of Chicken** €24.00

Fondant Potato, Wild Mushroom & Bacon Cream Sauce

(9, 10, 12,)

**Pork Belly** € 26.00

Mizo Glazed Pork Belly, Onion Mash & Green Sauce

(1a, 6, 9, 10, 12, 14)

**10oz Hereford Ribeye Steak** € 37.00

Field Mushrooms, Garlic Butter

(7, 9, 10, 12)

*All our Beef is Irish*





## Tea / Coffee

Tea	€ 3.95
Americano	€ 3.95
Latte	€ 4.25
Cappuccino	€ 4.25
Mocha	€ 4.50
Hot Chocolate	€ 4.50
Baby Chino	€ 3.00

## Scones

Fruit Scone	€ 5.50
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## Speciality Coffee

Galway	€ 9.50
Irish Coffee	€ 9.50
Russian	€ 9.50
French	€ 9.50
American	€ 9.50
Calypso	€ 9.50

### Glenlo Abbey Hotel & Estate

is pleased to work with the following local food suppliers:

Andarl Farm, Marys Fish Shop, Corrib Free Range Eggs, Burkes Fruit & Vegetables, Sysco, Curley's Fruit & Vegetables, Aran Islands Goats Cheese, La Rousse Foods

**The below numbers contain the following allergens**

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley, 1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk, 8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites, 13 Lupin, 14 Mollusks

