



Starters

Soup of the Day € 7.50

Served with Treacle Bread (1a,1d, 3, 7,8c, 12)

Atlantic Seafood Chowder € 9.00

Served with Treacle Bread (1a,4,7,9,14)

Wild Mushroom Tartlet, Petit Salad € 11.00

(1a, 9, 10, 12)

Connemara Smoked Salmon € 12.00

Shallot & Caper Lemon Dressing, Petit Salad (4, 12)

Moules Mariniere € 10.50 / € 18.00

White Wine Shallot, & Garlic Butter (9, 10, 12, 14)

Chicken Wings € 9.50 / € 16.50

Buttered Hot Sauce, Blue Cheese Dip (7, 10, 12)

Seafood Platter € 14.00 / € 25.00

Smoked Salmon, Smoked Mackerel, Crab Claws, Dressed Prawns
(2, 3, 4, 9, 10, 12, 14)

Salads

Roast Chicken Caesar Salad € 11.00 / €16.00

Baby Gem, Aged Parmesan, Croutons, Lardons (1a, 3, 4, 7, 10, 12)

Aran Island Goat's Cheese € 9.50 / € 16.00

Kohlrabi, Uncle Matt's Leaves (7, 9, 10, 12)





Sourdough Sandwiches 12.00pm-17.00pm

Choose White or Wholemeal, all served with a Side Salad

Glenlo B.L.T. € 10.50

Bacon, Lettuce, Tomato (1a, 6, 9, 10, 12)

Golfers Club € 12.50

Chicken, Bacon, Lettuce, Tomato & Soft Fried Egg,
Ballymaloe Relish (1a, 3, 6, 7, 9, 10, 12)

The Palmer € 11.00

Roast Ham & Dublin Cheddar, Ballymaloe Relish
(1a, 3, 6, 9, 10, 12)

Veggie Wrap € 10.50

Shaved Veggie & Chickpea Wrap, Nam Jim Dressing
(1a, 3, 6, 9, 10, 12)

Add Chips €3.00

Sides (3, 7, 10, 12) € 4.50

- Seasonal Vegetables

- New Potatoes,

-Loaded Fries

- Hand Cut Chips

- Side Salad

- Curry Mayo Chips

- Mash





Main Courses

8oz Hereford Burger € 19.50

8oz Hereford Burger, Crispy Bacon, Dubliner Cheddar
(1a, 3, 7, 9, 10, 12)

Dahl € 19.00

Vegan Lentil Dahl, Saffron Rice Nan Bread
(1a, 9, 10, 12,)

Fresh Tagliatelle €19.00

Seasonal Organic Vegetables, Finished with Herb Oil
(1a, 3, 9, 10, 12)

Roast Salmon € 25.00

Spinach, Crushed Dill Potatoes,
Seaweed Beurre Blanc (4,7, 9, 10, 12)

Fish & Chips € 19.50

Fish & Chips Pea Puree Seaweed Tartar Sauce
(3, 4, 9, 10, 12)

Chicken Supreme €21.00

Champ Potato Young Vegetables Roast Gravy
(9, 10, 12,)

Spaghetti Vongole € 19.50

Clams, Garlic Confit, Air Dried Tomato, Fine Herbs
(1a, 9, 10, 12, 14)

10oz Ribeye € 36.00

Field Mushroom, Grilled Tomato Chips Pepper Sauce
(7, 9, 10, 12)

**All the Above Main Courses Served with Either Hand Cut Chips or
New Potatoes**

All our Beef is Irish





Tea's Coffee's

Tea	€ 3.50
Americano	€ 3.30
Latte	€ 3.50
Cappuccino	€ 3.50
Mocha	€ 3.70
Hot Chocolate	€ 3.70
Baby Chino	€ 2.50

Scones

Fruit Scone	€ 4.95
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Speciality Coffee's

Galway	€ 9.50
Irish Coffee	€ 9.50
Russian	€ 9.50
French	€ 9.50
American	€ 9.50
Calypso	€ 9.50

Glenlo Abbey Hotel & Estate

is pleased to work with the Following Local Food Suppliers:

Andarl Farm, Marys Fish Shop, Corrib Free Range Eggs, Burkes Fruit & Vegetables, Sysco, Curley's Fruit & Vegetables, Aran Islands Goats Cheese, La Rouse Foods, Mc Geough's,

The below numbers contain the following allergens

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley, 1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk, 8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites, 13 Lupin, 14 Mollusks

