



## Starters

- Soup of the Day** € 7.50  
Served with Homemade Soda Bread (1a, 3, 7,)
- Seafood Chowder** € 9.00  
Mussels, Market Fish, Glenlo Soda Bread (1a,2,4,7,12,14)
- Glenlo Fish Cake** € 10.00  
Yuzu Mayonnaise, Pickled Cucumber (1a, 3, 4, 7, 12)
- Organic Smoked Salmon** € 11.50  
Lemon, Beetroot, Soda Bread (1a, 3, 4, 12)
- Mussels Mariniere** € 10.50 / € 17.50  
Wild Garlic Cream, Homemade Bread (1a, 3, 7, 12, 14)
- Glenlo BBQ Chicken Wings** € 9.50 / € 16.50  
Blue Cheese Dressing, Celery (1a, 6, 9, 10, 12)
- Ham Hock Terrine** € 11.50  
Pickled Mushrooms, Truffle Mayonnaise (3,9, 10, 12,)

## Salads

- Caesar Salad** € 11.00 / €14.50  
Baby Gem, Parmesan, Croutons, Bacon Lardons (1a, 3, 4, 7, 10, 12)
- Aran Island Goat's Cheese** € 9.50 / € 16.00  
Carrot & Carraway, Courgette, Cashew (8d, 10, 12)
- Power Salad** € 9.00 / € 15.00  
Asparagus, Quinoa, Avocado (10, 12, 13)
- Add Chicken to any of above** € 4.00





## **Sandwiches 12.00pm-17.00pm**

Served on our Homemade Bloomer Bread

Choose White or Wholemeal, all served with a Side Salad

### **Veggie Wrap € 10.00**

Hummus, Cucumber, Tomato & Courgette (1a, 3, 7, 10, 12)

### **Classic Club € 12.50**

Chicken, Bacon, Lettuce, Tomato & Egg, Ballymaloe Relish (1a, 3, 9, 10)

### **Mc Geough's Smoked Beef Sirloin € 13.00**

Celeriac Remoulade, Horseradish (1a, 3, 7, 9, 10)

### **The Glenlo Special € 10.50**

Baked Ham, Sliced Tomato, Red Onion, Cheese, Mustard Dressing (1a, 7, 10, 12, 13)

### **Add Chips €3.00**

## **Burgers**

### **K.F.C. € 18.50**

Korean Fried Chicken, Siracha Mayonnaise, Spiced Slaw Peppercorn Sauce (1a, 3, 6, 7, 9, 10, 12)

### **The Big Beef € 19.50**

Mc Geogh's 6oz Beef Burger, Glenlo Burger Sauce, Pickles, Cheeses & Bacon (1a, 3, 7, 9, 12)

### **The Corn € 18.00**

Sweet Potato, Carrot, Corn, Ballymaloe Relish, & Chilli (1a, 3, 7, 9, 10, 12, 13)





## **Main Courses**

**Indonesian Vegetable Curry** € 19.00

Pilau Rice, Indonesian Salad (6, 8h, 10, 11, 12)

**Ballyhoura Wild Mushroom Tagliatelle** € 19.50

Roast Pumpkin, Aran Islands Goats Cheese (1a, 3, 6, 12)

**Grilled Organic Salmon** € 25.00

Leek, Samphire, Chive & Lemon Butter (4,7,12,)

**Galway Hooker Ale Battered Fish & Chips** € 19.50

Mushy Peas, Lemon, Tartare Sauce (1a, 3, 4, 10, 12)

**Chicken Supreme** €21.00

Sweet Chili Potatoes, Sesame, Spring Onion, Bok Choi,  
Asian Dressing (1a, 4, 6, 9, 11, 12, 13)

**Pork Chop** € 19.50

Smoked Bacon, New Potatoes, Grilled Cabbage,  
Mustard Gravy (7, 9, 10, 12)

**Hereford 8oz Rib eye** € 32.50

Wild Mushroom, Tomato Persillade, Crispy Shallots,  
Peppercorn Sauce (1a, 7, 9, 12)

**All the Above Main Courses Served with Either Hand Cut Chips or  
New Potatoes**

*All our Beef is Irish*

**Sides** (3, 7, 10, 12) € 4.50

- Seasonal Vegetables

- New Potatoes,

-Loaded Fries

- Hand Cut Chips

- Side Salad

- Curry Mayo Chips

- Mash





## Tea's Coffee's

Tea	€ 3.00
Americano	€ 3.30
Latte	€ 3.50
Cappuccino	€ 3.50
Mocha	€ 3.50
Hot Chocolate	€ 3.50
Baby Chino	€ 2.50

## Scones

Fruit Scone	€ 4.95
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## Speciality Coffee's

Galway	€ 9.50
Irish Coffee	€ 9.50
Russian	€ 9.50
French	€ 9.50
American	€ 9.50
Calypso	€ 9.50

## Glenlo Abbey Hotel & Estate

is pleased to work with the Following Local Food Suppliers:

**Andarl Farm, Marys Fish Shop, Corrib Free Range Eggs, Burkes Fruit & Vegetables, Sysco, Curley's Fruit & Vegetables, Aran Islands Goats Cheese, La Rousse Foods, Mc Geough's,**

**The below numbers contain the following allergens**

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley, 1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk, 8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites, 13 Lupin, 14 Mollusks

